

# **New Hope Services, Inc.**

## Frequently Asked Questions

### Healthy Families (HF)

#### ***What is Healthy Families?***

Healthy Families is a voluntary home visitation program, which provides new and expecting parents vital information about preparing for and adjusting to parenthood. Healthy Families programs are operated in all 92 counties in Indiana and are part of a larger Healthy Families America program.

#### ***Who visits the family?***

A trained Family Support Specialist will visit with the family. The Family Support Specialists are required to complete specific trainings at the local and state level in order to comply with program policies.

#### ***How often do visits occur?***

Visits generally occur on a weekly basis. Families who meet certain criteria and are stable may meet less frequently. The Family Support Specialist may meet with a family twice a week during a time of crisis.

#### ***What will the Family Support Specialist do with a family?***

The Family Support Specialist will provide information on such areas as child growth and development, caring for a child's needs, providing a safe, nurturing environment for a baby and discipline. Also, the Family Support Specialist will provide information and referrals for other issues such as housing, transportation, medical care and education. This is not a case management program; families that require more intensive services and case coordination are referred to other programs for these services.

#### ***Who is eligible?***

Any new or expecting mother in Clark, Scott or Jefferson Counties who is referred by WIC, the hospital, Office of Family and Children or who is self-referred.

#### ***How do families enter the program?***

Specialist to schedule an assessment. At the assessment families are given information on community resources and the Family Resource Specialist gathers information for the assessment. The score on the assessment indicates the eligibility for the program. If there are openings in the program the family is then offered the home-visiting portion of the program. Families must be assessed and enrolled prior to baby's 90-day birthday.