

## Support for Expectant Parents



# Healthy Families Indiana™

*New Hope Services, Inc.*

### Healthy Families

is a home-based service designed to support families in preparing for and adjusting to a new baby. Services are free, voluntary and confidential.



### Healthy Families offers to parents:

- Access to the latest information on early brain development in infants
- Information about the health, safety, and general care of newborns and children
- Information about family- and/or child-centered services available in the community
- Participants receive home visits from a Family Support Specialist who will bring information about the following:
  - Child Development
  - Community Services
  - Budgeting and finance
  - Transportation
  - Effective discipline techniques
  - Continuing education
  - Employment opportunities

## Support for Expectant Parents



Parenting is a very demanding job and new parents have questions, worries, and stress. **Healthy Families** can help by giving parents answers to their questions and support.

### Call for information for these counties:

<b>Bartholomew</b>	<b>812-314-2243</b>
<b>Clark &amp; Floyd</b>	<b>812-288-4304</b>
<b>Fayette, Franklin, Union, Rush</b>	<b>765-377-7019</b>
<b>Jackson</b>	<b>812-524-8365</b>
<b>Jefferson</b>	<b>812-752-4892</b>
<b>Jennings, Ripley, Ohio, Dearborn &amp; Switzerland</b>	<b>812-609-4059</b>
<b>Scott</b>	<b>812-752-4892</b>



**New Lives, New Futures, New Hope**

[www.newhopeservices.org](http://www.newhopeservices.org)

